

Week 1

Macc and cheese coleslaw EGG (v) WHEAT, GLUTEN, MILK	Hot dog with sautéed onions (v)EGG, WHEAT, BARLEY	Homity pie(v) CEREAL, GLUTEN MILK	Enchiladas (v) GLUTEN, EGGS, MILK	Tikka quorn fillet with chaat masala GLUTEN, EGG WHEAT, MUSTARD
Oven baked fish fingers FISH, WHEAT, GLUTEN	Spaghetti Bolognese (v) GLUTEN, EGG WHITE	Roast turkey with cranberry sauce	Chicken noodles WHEAT, EGG	Tomato and mozzarella pizza (v) Chosen by you MILK, GLUTEN
Jacket potatoes With curry baked beans	Honey roasted free range gammon	Jacket potato with smoky goulash	Salmon fish cake Brain food! FISH, GLUTEN EGG	Jacket potato with California coleslaw, cheese and salad MILK, EGG
Broccoli and carrots, new potatoes with parsley. Home grown herbs and seasonal veg!	Green beans and sweetcorn Mash potato	Garden peas and broccoli Veg power! Roasted potatoes	Herb diced potatoes GLUTEN Mixed vegetables with rainbow carrots	Sweetcorn, baked beans and chipped potatoes
Orange and vanilla sponge and custard EGGS, WHEAT, GLUTEN, MILK	Chocolate hedgehogs BARLEY	Beetroot and chocolate sponge Seasonal veg! MILK, WHEAT, GLUTEN, EGGS	Cheese, grapes and crackers MILK, WHEAT, GLUTEN	Fruity Fridays Selection of fruit and yoghurts

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Chili with taco (v) EGG, GLUTEN, WHEAT	Veg mince cottage pie with creamy mash (v) EGG, WHEAT, GLUTEN	Quorn beef and onion pie (v) GLUTEN, EGGS, WHEAT	Spring roll with Chinese veg (v)	Crispy chicken style nuggets favourite (v) GLUTEN
Chicken bbq sauce Favourite and chosen by you! GLUTEN, SOYA, WHEAT BARLEY, CELLERY	Turkey burger with homemade ketchup GLUTEN	Roast turkey with Stuffing	Chicken meat balls WHEAT, EGG Favourite	Tomato and mozzarella pizza (v) Chosen by you MILK, GLUTEN
Jacket potatoes With baked beans WHEAT, GLUTEN MUSTARD	Tortellini EGG, MILK, WHEAT	Jacket potato with tuna and sweetcorn FISH	Oven baked fish fillet with fresh lemon and parsley GLUTEN, FISH	Jacket potato with cheese and salad MILK, EGGS
Broccoli and carrots, potato wedges seasonal veg!	New potatoes with peas and Cauliflower Veg power!	Pan fried cabbage and leek, carrots Veg power! Roasted potatoes	Herb diced potatoes GLUTEN Mixed vegetables with rainbow carrots	Sweetcorn, baked beans and chipped potatoes
Lemon and mixed berry sponge EGGS, MILK, GLUTEN	Pear and apple pie GLUTEN	Cherry and ginger sponge with custard EGGS, MILK, GLUTEN	Strawberry frozen yoghurt MILK	Fruity Fridays Selection of fruit and yoghurts MILK

Cumberland sausage and mash(v) Chosen by you GLUTEN	Chicken sausage WHEAT SULPHATE	Sausage roll (v) Chefs favourite SULPHATES, GLUTEN	Roast veg lasagne GLUTEN MILK	Sweet and sour tofu with tasty noodles favourite (v) GLUTEN, EGGS CELERY
Southern style chicken Favourite GLUTEN	Quorn meat balls WHEAT, BARLEY	Roast turkey with Stuffing GLUTEN	Quarter pounder burger with 50/50 Roll (v)GLUTEN SOYA	Tomato and mozzarella pizza (v) Chosen by you GLUTEN, MILK
Jacket potatoes With baked beans, cheese and salad MILK	Creamy korma with samosa () MILK,CEREAL, MUSTARD	Jacket potato with three bean chili (v)	Fish cake Brain food FISH, GLUTEN	Jacket potato with cheese and salad MILK
Green beans and carrots, potato wedges Seasonal veg!	New potatoes with peas and Cauliflower Veg power!	Pan fried cabbage and leek, sweetcorn Veg power! Roasted potatoes	Herb diced potatoes GLUTEN Mixed vegetables with rainbow carrots	Sweetcorn, baked beans and chipped potatoes
Fruity flapjack GLUTEN	Chocolate concrete WHEAT	Bananas and custard MILK , EGGS	Vanilla shortbread with fruits of the forest GLUTEN	Fruity Fridays Selection of fruit and yoghurts MILK

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